

## MENTAL HEALTH SERVICES

- [Crisis Line Referral Service](#) 218-828-HELP (4357)
- [Northern Pines School-based Services](#): Northern Pines provides skills and therapy services based on student need and are housed in each Brainerd school building. Referrals can be made through contacting grade level school counselors or on the [Northern Pines website](#) in the upper right hand corner “Child Online Referral”.
- [Crow Wing County List of Mental Health Providers](#)
- [CARE Directory](#) - Find Services available in Crow Wing County. Mental health, substance abuse, family services, etc.
- [Bay Ministries](#) - 218-828-4357
- [Bridges of Hope](#) - Family Support Services 218-825-7682
- [Circle of Parents Support Group](#) - 218-821-6429
- [Kinship Partners](#) - A nonprofit youth mentoring organization 218-829-4606
- [Social Services](#), Crow Wing County - Protecting children, strengthening families 218-824-1140

## National or Minnesota Resource Links

- [American Psychological Association](#) Help Center
- [Boys Town](#) - Saving children, healing families, strengthening communities
- [Helpguide](#) - Addictions, stress, anxiety, depression, suicide prevention, eating disorders, grief and loss, and more
- [Minnesota Help](#) - Homeless, disabilities, families, youth, etc.
- [National Eating Disorder Association](#) - Helpline 1-800-931-2237
- [National Institute of Mental Health](#)
- [Substance Abuse and Mental Health Services](#)

## TELEPHONE RESOURCES

- **EMERGENCY: 911**---for an emergency when someone is at risk of harming themselves or others.
- **Brainerd Police Department:** 218-829-2805---when there is a concern for someone’s safety within the Brainerd city limits.
- **Baxter Police Department:** 218-454-5090---when there is a concern for someone’s safety within the Baxter city limits.
- **Crow Wing County Sheriff’s office:** 218-829-4749---when you are concerned for someone within Crow Wing County.
- **Crisis Line and Referral Service:** 218-828-4357 or 800-462-5525--24 hour hotline connects you to mental health services. Can be called to complete a suicide assessment with anyone as long as you know the person’s location.
- **Warm Line:** 877-404-3190. or text “Support” to 85511---provides a peer-to-peer approach to mental health recovery, support and wellness.
- **Text Hotline:** Text MN to 741741---24 hour text line to offer support during difficult times.
- **Sexual Assault Hotline:** 218-828-0494---Free and confidential sexual assault services in the Brainerd Lakes Area

## **FAMILY SERVICES COLLABORATIVE**

The Collaborative Service Team works in schools and homes throughout Crow Wing County serving the school districts of Brainerd, Crosby-Ironton and Pequot Lakes including their respective Early Childhood programs.

We work closely with school staff to assist children and families by connecting them with the strategies and resources they need. From connecting a family with food assistance, providing support during a crisis or offering more intensive behavioral or socioemotional group and individual skill development, all of the Collaborative's services are available year-round and are free of charge.

Find out more here: [familyservicescollaborative.org](http://familyservicescollaborative.org)